

# Being Spiritual in all Circumstances Worksheet

Wisdomsdoor.com Workshop by Hermes

Often times you can behave differently in different situations or when you are with certain people. The goal of a master reality creator is to become in harmony with Spirit, so that your creations can propel themselves quickly and potently within physical reality. At the start of the spiritualization process you are often only in sync with spirit in some situations. The worksheet is designed to get you thinking about the various typical situations that you may find yourself in and examine if your patterns reflect that of spirit or a lower form. As always this worksheet is best done honestly for optimum results. Retake the worksheet when you think you have made progress and see how you are doing. This worksheet is supposed to be fun, so please treat it lightly.

## Answers:

Answer the questions below in how you feel the best way you operate in that situation. Here is the scale to choose from.

- a) keep spirit at the forefront in that situation. I always think about the impact my decisions or actions will have for the greater good of my reality.
- b) sometimes put my own personal needs before the obvious spiritual choice, especially if I want something bad enough and I feel the spiritual choice or action may not lead to it.
- c) often choose my personal needs, as I feel my needs must be met first and foremost, even if my choice is not in harmony with the reality around me.
- d) always lead to my own needs and will bring me the fastest desired result.

## Questions:

In the circumstances below indicate **a, b, c, or d** on how you are most likely to act when confronted with some action or decision.

- 1) When I am by myself, I will choose actions or decisions that \_\_\_\_ .
- 2) When I am with my co-workers I will choose actions or decisions that \_\_\_\_ .
- 3) When I am out with the guys/girls having fun, I will choose actions or decisions that \_\_\_\_ .
- 4) When I am with my spouse or my loved one, I will choose actions or decisions that \_\_\_\_ .
- 5) When I am with my friends, I will choose actions or decisions that \_\_\_\_ .
- 6) When I am with my family, I will choose actions or decisions that \_\_\_\_ .
- 7) When I am with my religious or spiritual group, I will choose actions or decisions that \_\_\_\_ .
- 8) When I am shopping or in a public place, I will choose actions or decisions that \_\_\_\_ .
- 9) When I am at class or school, I will choose actions or decisions that \_\_\_\_ .
- 10) When I am mad or upset, I will choose actions or decisions that \_\_\_\_ .
- 11) When I am happy I will choose actions or decisions that \_\_\_\_ .

**Scoring:**

Add up the number of **a, b, c, and d** answers using the scale below. Then find your level of spirituality:

- a) 100 points
- b) 50 points
- c) 25 points
- d) 10 points

**Your level of spirituality. How you did:**

1100, *Paragon of Virtue:*

Congratulations! You always keep spirit at the forefront and are creating a harmonious reality.

900 – 1099, *Architect of Harmony:*

Your reality flows nicely with only the occasional bump in the road.

700 – 899, *Majesty of Perfection:*

You are well aware that the spiritual path yields the best results in your life. However there are still parts of you that hold on to the old singular way of looking at things.

600 – 699, *Sentient Being:*

You are aware that the universe is positive and that your actions create the glory or pain you find in it. However you have no clue at all how things work.

400 – 599, *General of Neutrality:*

You do not care one way or another how you order your world. You just go with things however they are and do not care if things turn out good or bad.

200 – 399, *Ambassador of Chaos:*

It is rare that you have a good day, but they do happen. Usually you are trying to sweet talk your way out of the messes you have created.

100 to 199, *Master of Disaster:*

Anarchy follows you wherever you go. You are a world-wind of destruction and broken hearts. You are probably miserable all the time.