

Wisdomsdoor / Reality Creator Books

Who Are You?

Pt 2 workshop, Worksheet

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This worksheet taken from Reality Creator III

Chapter 12 / Astrology, Your Core Energies Worksheet Page

Instructions:

Discover your core energy! Answer the questions below and then tally up your responses to figure out what your core planetary energy you possess. This energy may or may not be the same as your Natal chart dominate planet. You are a changing evolving human being and as such your core energy can change a few times over the course of a life time. Knowing what planetary energy is a dominate part of you can help you to understand why the alignment of that planet can affect your reality creating. On a scale of 1 to 8 rate each question. 1 is least like you and 8 is most like you. Only assign one number to each line. Use the chart in step 2 to record your values.

STEP 1:

Determine the Rank of each question

1. What do you feel is the most important in your life? What is it that drives you?

- a) I like communicating with others, talking and sharing ideas. [Mercury]
- b) I like confrontations and getting rid of obstacles. [Mars]
- c) I like creating love and perfection with others. I like to meditate and create peaceful solutions. [Venus]
- d) I like structure and discipline. I like rules and to set rules and boundaries. [Saturn]
- e) I seek adventure and opportunity. I like to achieve success and advance to the top in everything I do. [Jupiter]
- f) I like to day dream and create fantasies. I like to use my imagination. [Neptune]
- g) I like rebellion and rising up against injustice. I like change and want to see things change and evolve and grow. [Uranus]
- h) I like to work on self transformation, to uncover where I am imperfect. I want to create a spiritual bridge between myself and the divine. [Pluto]

2. How would you define your inner self?

- a) I am social, likeable, and love to interact with others. [Mercury]
- b) I am at unrest, I cannot sit still and I look to argue with others. [Mars]
- c) I love myself and my world. I like beautiful things, inner beauty. [Venus]
- d) I like structure and things that have set patterns. [Saturn]
- e) I think of myself as an achiever and of celebrating my accomplishments. [Jupiter]
- f) I often dream of other places and times. I enjoy my time alone in my own inner world. [Neptune]
- g) I look for ways to create change and to turn things upside down in my inner world. I do not like to be idle for too long. [Uranus]
- h) I feel my best when I am focused on higher things and higher purpose. I look for ways to transform myself. [Pluto]

3. Rank your normal inner state of being.

- a) Receptive, social [Mercury]
- b) Aggressive, argumentative [Mars]
- c) Loving, beautiful [Venus]

- d) Restrictive, ordered [Saturn]
- e) Expanding, growing [Jupiter]
- f) Rose Colored Glasses, dreamy [Neptune]
- g) Rebellious, unrestful [Uranus]
- h) Spiritual, transforming [Pluto]

4. Rank how you get things done, how you apply you reality creating power.

- a) Use communication or conversation to achieve results. [Mercury]
- b) Get my hands wet and do it myself physically and with force. [Mars]
- c) Nurture or gently let the creation grow by feeding it love and tenderness. [Venus]
- d) Use a very specific set of patterns to completing the task, that I have developed and works. [Saturn]
- e) Embark on the adventure of the quest to complete the project, handle what comes along as it comes along. [Jupiter]
- f) Use my imagination and dreams to propel my creations into form. [Neptune]
- g) Take something already existing and change it to suit my new needs. [Uranus]
- h) Use my spiritual powers, psychic powers, or my ability to transform or heal to create my reality. [Pluto]

STEP 2:

Count up your scores using the chart below to see what planets affect you the most. The ones with the higher tallies will be the stronger ones.

	Mercury	Mars	Venus	Jupiter	Saturn	Neptune	Uranus	Pluto
1								
2								
3								
4								
Total								

Planets:

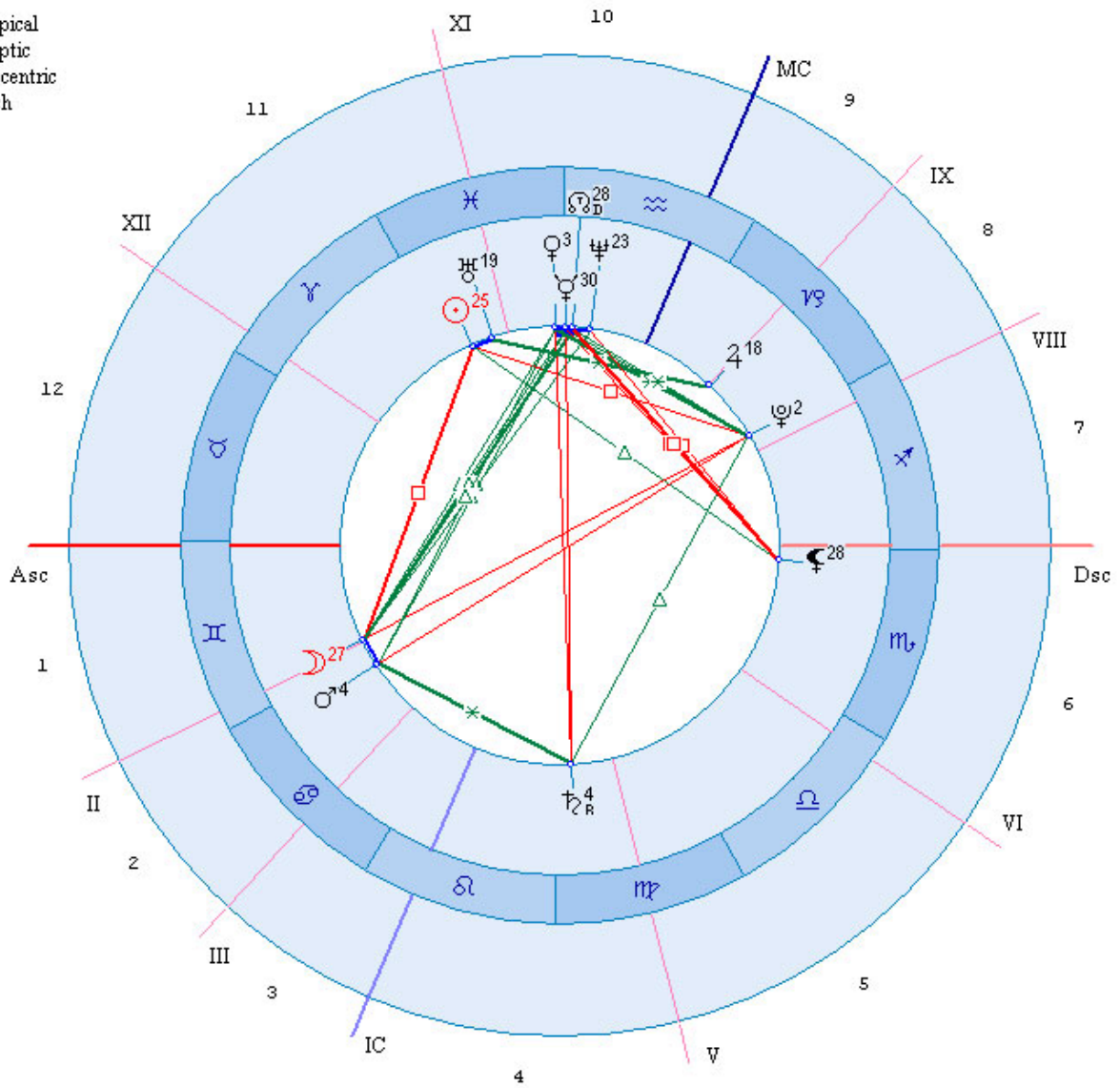
- **Sun:** your will and will power, how you express yourself, your identity. *Note: This energy is not one of the 8 that we will be using in this chapter but it is good to be aware of its nature as the other 8 bodies will affect it.*
- **Moon:** your emotions and feelings and how you express those feelings. *Note: This energy is not one of the 8 that we will be using in this chapter but it is good to be aware of its nature as the other 8 bodies will affect it.*
- **Mercury:** communication, thought, movement, and transmission of ideas to others.
- **Mars:** aggression, energy, and force.
- **Venus:** harmony, beauty, love.
- **Jupiter:** achievement, success, and expansion in your life.
- **Saturn:** limitations, restrictions, structure, and containment.
- **Uranus:** change, rebellion, and liberation.
- **Neptune:** illusion, imagination, erratic tendencies
- **Pluto:** renewal, transformation, spiritual

Aspects:

- **Conjunction:** [two symbols on top of each other or near] When two energies are within a couple degrees of each other on the chart. The energies add or build to each other. It is like dropping two rocks in the water. It makes a bigger wave than just one.
- **Trine:** [triangle] When two energies are at 45 degree angles from each other. A trine causes the energy to flow outward. It is like open a faucet and allowing the water to flow out. The energy of a trine is in harmony and so the water flows out at a nice even pace that you can handle.
- **Square:** [square] When two energies are at 90 degrees of each other. A squaring causes energy to flow too, but does so in a overpowering manner. Squaring is usually very difficult energy to control. It is like turning the faucet on full force and trying to contain the onslaught of water that comes out.
- **Opposition:** [no symbol, just a line] When two energies are at 180 degrees from each other. The energies go to war with each other and battle for dominance. What usually happens is these energies both become erratic or cease to flow properly. It is like taking two streams of water and aiming them at each other... what a mess!
- **Sextile:** [star] Similar to a Trine but instead of the energy free flowing it needs to be applied by your will in order to be taken advantage of. The faucet has to be turned on by you. It is not already on.

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 New York, New York, USA

Tropical
 Ecliptic
 Geocentric
 Koch



- ☿ Mercury
- ♂ Mars
- ♀ Venus
- ♃ Jupiter
- ♄ Saturn
- ♅ Uranus
- ♆ Neptune
- ♇ Pluto